

feng SHUI

my office please...

feng SHUI SUPPORT FOR YOUR BUSINESS SUCCESS

In a recession companies need more than ever to examine how their working environment is impacting their performance. Feng Shui is a holistic design discipline originating from ancient China that acknowledges the role of nature's energies in space and time on our wellbeing, happiness and levels of luck and success. Master Sarah McAllister provides some basic pointers on good Feng Shui in the workplace.

1. Open and bright reception area stimulates good "chi"

It is so important to have a strong reception area that is ergonomically arranged, welcoming and light. It is the first impression for both staff and visitors alike and can either be energising or depressing and limiting.



*SARAH mcaLLISTER,
master of feng SHUI*

2. The Power Position increases confidence

You will feel more in control of a meeting if you sit in the corner diagonally opposite the entrance door.

3. Supporting your back increases concentration levels

Subconsciously we prefer to have our backs covered, so that we can see people approaching us. Move a filing cabinet or invest in a trough of plants to place behind you to create some privacy and protection if you have no wall.

4. Aligning to pure chi improves decision-making

Take a regular orienteering compass and ensure that your desk faces a pure direction either cardinal or subcardinal, rather than the divide between one direction and another as this causes indecision.

5. Water protects you from Electrosmog

Regularly misting your work area with mineral water spray helps to clear the air of static and also counteracts dryness caused by air conditioning units. Keeping a small glass of water between you and large machines will help protect you against the EMF pollution but DO NOT DRINK the water – just refresh it once a week.



6. Greenery increases relaxation and boosts customer spending

Creating a green oasis of live planting helps to clean the air, as plants provide oxygen during the day and bring life force into a workplace – opt for large smooth rounded leaves or elegant soft fronded palms rather than spiky yuccas. It is scientifically proven that greenery in malls increases customer spending.

7. Daylight increases happiness

Full spectrum lights are far preferable to ordinary yellowish/red lightbulbs, because they mimic natural daylight by up to 97% - very useful in basement offices.

Are you recruiting the right people?

The year of birth of staff members can reveal some interesting energy dynamics between individuals and their managers and colleagues. A Chinese horoscope can reveal really useful information for a manager about his/her management style, strengths and weaknesses.

Feng Shui Marketing – Timing is everything!

We offer a full branding service and all our business consultations include an assessment of a business logo and the provision of auspicious dates to launch new products, start PR campaigns, start new websites and move into new premises.

Professional consultancy

The above tips can be carried out safely, but only scratch the surface of the vast body of knowledge that is authentic Feng Shui. For best results it is highly recommended to arrange a Feng Shui consultation with one of our experts.

Feng Shui Agency Ltd is one of the most established professional consultancies in the UK with associates in Liverpool, Birmingham, London, Bristol, Cardiff, Oxford and Edinburgh.

With over 13 years Feng Shui consultancy and teaching experience, Master Sarah McAllister comes from a strong business background which enables her to assist commercial clients in a very practical manner. She works all over the UK and worldwide assisting multinationals and small businesses alike. David Knowles is a Feng Shui Agency associate, based in Liverpool. To discuss your business needs and for a free no obligation quote please call 0844 848 4099 or email design@fengshuiagency.com.

Visit our website www.fengshuiagency.com for your complimentary “Wellness Office” guide and other free video and audioseminar downloads or join our quarterly newsletter.

the HISTORY of feng SHUI

feng SHUI is a traditional CHINESE system of aesthetics - an ancient art and science that has been practised for over 3,000 years. the literal translation of feng SHUI is 'wind-water' in ENGLISH.

The belief is that by using the laws of astronomy and geography Feng Shui can help improve one's existence, restoring harmony in relationships, in the home, in wealth and in other aspects of the person's life. It is a complex body of knowledge that reveals how to balance energy of any given space to benefit those who inhabit it.

From its Chinese origins Feng Shui has gone from cultural custom to popular practise among Westerners, taking the key elements of this ancient philosophy and applying it to the home or public domain.

the QI of feng SHUI

Qi, when translated, means air. In the context of Feng Shui qi means the movement of free flowing energy. It's believed this energy flow can help us achieve harmony and balance in our environment and with those around us.

In relation to our environment Feng Shui guides us through designing layout and buildings and arranging rooms and furniture so they are in sync with natural qi patterns.